



BiomoScab Emulsion

EN

Instructions for scabies treatment

Dear Parents and Patients,

You or your child have been found to have a skin infestation of itch mites. An infestation of this kind is referred to as scabies. You have been prescribed BiomoScab to treat this illness. To ensure that this treatment is quickly successful, please note the recommendations from your doctor and the following general information.

What is scabies?

Scabies mites are only about 0.3 - 0.4 mm in size, and use their powerful jaws to burrow into the upper layer of human skin. In doing so, they tend to prefer certain areas of the body, such as the hands and feet, crooks of the elbows or pubic region. Intense itching will develop in the affected areas, especially at night when it is warm in bed. The irregular, often comma-shaped burrows are visible to the naked eye or can be seen with a magnifying glass. Inflammatory reactions and scratching of the itchy skin will result in the development of longitudinal nodules or even blisters, which will later become encrusted. If you or your child are affected by scabies, this is not generally due to a lack of personal hygiene. The parasites do not make any distinction between age, cleanliness or social class. Hygiene is very important, however, if the pests are to be eradicated in the long term. More information about this can be found in the following text.

How does scabies spread?

Scabies mites are passed from one person to another through close skin contact. The first signs of an infestation generally take 2-5 weeks to appear after contamination, or less in the event of recontamination. In community facilities, such as schools, nurseries, children's homes, retirement and nursing homes, cases of infestation are sometimes more common. This applies in particular if sleeping quarters are shared. Scabies is rarely transmitted through bedding, upholstery or wool blankets. Scabies mites can survive outside the body for 2-3 days, and even somewhat longer in cold and humid climates.



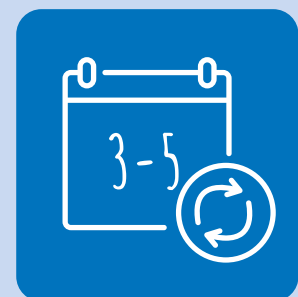
Shower or bathe

You should have a warm bath or shower before the first treatment! You should wait for around an hour and your body should be back to a normal temperature before you apply BiomoScab.



Treat

Apply the emulsion to your entire body. You can exclude your head and face.



Repeat

Repeat the application of BiomoScab Emulsion on the following 3-5 days.

Scabies causes itching of the skin, which feels very unpleasant for the patient and makes the patient want to scratch. As BiomoScab kills the mites, the agonising itching is also alleviated.



BiomoScab Emulsion

Crotamiton, the active ingredient in BiomoScab, offers good skin compatibility and, following careful consideration, can also be used on children, toddlers, babies and newborns.

BiomoScab Emulsion spreads easily across the skin and is particularly suitable for use on hairy areas of skin. It can be applied easily, absorbs quickly and is very textile-friendly.

Treatment instructions for scabies:

1. You should have a warm bath or shower before the first treatment. You should wait for around an hour and your body should be back to a normal temperature before you apply BiomoScab.
2. Rub BiomoScab into your entire body from your lower jaw downwards, particularly including body folds and the nail region, once a day (in the evening). Don't forget your genital area and the soles of your feet. For the treatment to be successful, it is important to repeat the application of BiomoScab on the following three to five days.
3. If individual areas of the body come into contact with water after BiomoScab is applied (e.g. by washing your hands), you must reapply BiomoScab there.
4. After rubbing the product in, change your clothes to prevent re-infection due to contaminated clothing.
5. Change your bed linen every day. Towels should be changed twice a day. Laundry should be washed at a temperature of at least 60 °C. Clothing that cannot be washed at at least 60 °C and other items, such as cuddly toys and shoes, should be kept in sealed plastic bags for 72 hours.
6. Use a vacuum cleaner to thoroughly clean rugs, carpets and upholstery. This will generally suffice to remove any stray mites from your home.
7. Due to the risk of spreading scabies, do not use any linen, towels, washcloths, pillows, blankets, combs and other utensils that are also used by other people.
8. Pesticides are not recommended in the home. Disinfectants are not effective against itch mites.
9. During the first 36 hours after finishing the treatment, avoid prolonged physical contact with other people to avoid spreading the mites.

Close contacts with direct skin contact should also be treated in consultation with your doctor in order to prevent the transmission and spread of the mites, and the associated skin irritation, as quickly and comprehensively as possible.



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